

The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005

0klahoma

All statistics are based on parental reports.

14.8 15.4 Percent of children who are overweight 21.9 20.3 Age 10-11 14.4 17.0 Age 12-14 10.7 10.8 Age 15-17 22.4 24.0 0-99% Federal poverty level 19.0 17.3 100-199% Federal poverty level 9.1 9.1 400% Federal poverty level or more 18.1 19.9 Male 11.5 10.4 Female Percent of children who exercised or participated in physical activity 71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1	National %	State %	
21.9 20.3 Age 10-11 14.4 17.0 Age 12-14 10.7 10.8 Age 15-17 22.4 24.0 0-99% Federal poverty level 19.0 17.3 100-199% Federal poverty level 13.7 11.6 200-399% Federal poverty level 9.1 9.1 400% Federal poverty level or more 18.1 19.9 Male 11.5 10.4 Female Percent of children who exercised or participated in physical activity 71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male			Percent of children who are overweight
10.7 10.8 Age 15-17 22.4 24.0 0-99% Federal poverty level 19.0 17.3 100-199% Federal poverty level 13.7 11.6 200-399% Federal poverty level 9.1 9.1 400% Federal poverty level or more 18.1 19.9 Male 11.5 10.4 Female Percent of children who exercised or participated in physical activity 71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male	21.9	20.3	<u> </u>
22.4 24.0 0-99% Federal poverty level 19.0 17.3 100-199% Federal poverty level 13.7 11.6 200-399% Federal poverty level or more 9.1 9.1 400% Federal poverty level or more 18.1 19.9 Male 11.5 10.4 Female Percent of children who exercised or participated in physical activity 71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	14.4	17.0	Age 12-14
19.0 17.3 100-199% Federal poverty level 13.7 11.6 200-399% Federal poverty level 9.1 9.1 400% Federal poverty level or more 18.1 19.9 Male 11.5 10.4 Female Percent of children who exercised or participated in physical activity 71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male	10.7	10.8	Age 15-17
13.7 11.6 200-399% Federal poverty level 9.1 9.1 400% Federal poverty level or more 18.1 19.9 Male 11.5 10.4 Female Percent of children who exercised or participated in physical activity 71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team 58.6 59.8 or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	22.4	24.0	0-99% Federal poverty level
9.1 9.1 400% Federal poverty level or more 18.1 19.9 Male 11.5 10.4 Female Percent of children who exercised or participated in physical activity 71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	19.0	17.3	100-199% Federal poverty level
18.1 19.9 Male 11.5 10.4 Fermale Percent of children who exercised or participated in physical activity 71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team 58.6 59.8 or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	13.7	11.6	200-399% Federal poverty level
11.5 10.4 Female Percent of children who exercised or participated in physical activity 71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	9.1	9.1	400% Federal poverty level or more
Percent of children who exercised or participated in physical activity 71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	18.1	19.9	Male
71.3 73.3 for at least 20 minutes on 3 or more days during the past week 78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	11.5	10.4	Female
78.2 82.4 Age 10-11 74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female			Percent of children who exercised or participated in physical activity
74.2 76.4 Age 12-14 63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	71.3		for at least 20 minutes on 3 or more days during the past week
63.3 64.7 Age 15-17 76.8 82.3 Male 65.6 63.5 Permale Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5	78.2	82.4	Age 10-11
76.8 82.3 Male 65.6 63.5 Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	74.2	76.4	Age 12-14
Female Percent of children who were on a sports team 58.6 59.8 or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	63.3	64.7	Age 15-17
Percent of children who were on a sports team 58.6 59.8 Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	76.8	82.3	Male
58.6 59.8 or took sports lessons during the past 12 months 61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	65.6	63.5	Female
61.5 65.6 Age 10-11 61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female			Percent of children who were on a sports team
61.6 61.1 Age 12-14 53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	58.6	59.8	or took sports lessons during the past 12 months
53.4 55.0 Age 15-17 62.1 62.0 Male 55.0 57.5 Female	61.5	65.6	Age 10-11
62.1 62.0 Male 55.0 57.5 Female	61.6	61.1	Age 12-14
55.0 57.5 Female	53.4	55.0	Age 15-17
	62.1	62.0	Male
72.9 71.8 Percent of children with at least one parent who exercises regularly	55.0	57.5	Female
	72.9	71.8	Percent of children with at least one parent who exercises regularly